



Proper Sizing of Mask and Prongs

- All of nose should easily sit within size on sizing guide to ensure that no part of the mask will be rubbing leading to breakdown
- Measure for both mask and prongs as an infant may require two different sizes
- Measuring card can be found with the generator and should be kept at the bedside to continue to ensure as the infant grows that the appropriate size is being utilized



Proper Mask Placement on CPAP

- Inner mask lining should not be touching any part of the nose
- The mask should not be collapsed down



Proper Prong Placement on CPAP

- Prongs should not sit on philtrum or press up against nasal septum
- Side straps of headgear should not compress the prongs out of place
- Prongs remain with curve that allows them to follow the anatomic shape of the nares



Proper Neo-Prep Skin Barrier Placement

- Nares are not blocked by any part of the skin barrier
- Nasal septum and philtrum are protected
- Mask should rest on the skin protector not on the skin
- * REMEMBER* skin should always be protected. If Neo-Prep not available, please cut Duoderm to same shape and place on infant.





When to Change Neo-Prep Skin Barrier

- Skin Barrier must be changed if:
 - Moisture gets underneath the skin barrier
 - It is peeling up at any place
 - It is grubby/soggy
- Please use appeal when removing skin barrier product
- Clean and dry skin prior to placing new skin barrier

7 Main Points to think about when setting up and using CPAP:

1: Size

- Not too big. Not too small. Just right!

2: Pressure

- Are mask and prongs sitting appropriately on the face?
- Are head gear straps appropriate?
- Have I rotated the mask and prongs every 4 hours?

3: Protect

- Is there a skin barrier in place?
- Does it need to be replaced?

4: Rainout

- Is the temperature probe within the incubator?
- Has the blue exhaust tubing be removed?

5: Clean

- Has the mask and prongs been cleaned and stored in dry place?

6: Monitor

- Has the nose been assessed with each set of cares and documented in Badger?
- Has the TL and medical staff been notified if there is any redness?

7: Positioning

- Has infant been rotated at least every 6 hours, or with cares?

Please refer to entire guideline on Badger for further information.