

Appendix 2 - Glasgow Modified Alcohol Withdrawal Scale (GMAWS)

This is to guide PRN symptom relief alongside fixed regime

Date																		
Time																		
Tremor 0)No tremor 1)On movement 2)At rest																		
Sweating 0)No sweat visible 1)Moist 2)Drenching sweats																		
Hallucination 0)Not present 1)Dissuadable 2)Not dissuadable																		
Orientation 0)Orientated 1)Vague, detached 2)Disorientated, no contact																		
Agitation 0)Calm 1)Anxious 2)Panicky																		
Total Score																		
Treatment given																		
Staff Signature (Nurse/Dr/HCSW)																		

Score: (Do not use scoring tool if patient intoxicated, must be at least 8 hours since last drink.)

0: Repeat Score in 2 hours (Discontinue after scoring 0 on 4 consecutive occasions, except if less than 48hrs after last drink)

1 – 3: Give 20mg Chlordiazepoxide: Repeat Score in 2 hours

4 – 8: Give 30mg Chlordiazepoxide: Repeat Score in 1 hour

9 – 10: Give 50mg Chlordiazepoxide: Repeat Score in 1 hour and report to Medical staff

CO-EXISTING ILLNESS MAY AFFECT SCORE: SEEK MEDICAL ADVICE IF IN DOUBT

FIXED DOSING & SYMPTOM TRIGGERED DOSING MUST BE NO LESS THAN 1 HOUR APART