

APPENDIX 4: Letter to GP

GP
Label

Community Midwifery Team/Outpatient
Antenatal Clinic

Hospital
NHS Greater Glasgow and Clyde
Postcode

Patient
Label
Date:

Telephone: Community Midwives 0141
XXX XXXX
Telephone: ANC 0141 XXX XXXX

Dear

PRESCRIPTION REQUEST FOR IRON IN PREGNANCY

A recent blood test has shown that you are anaemic (Hb g/l), and/or your iron stores are low (Ferritin µg/l). This can be treated by taking iron tablets.

A prescription has been requested from your GP. This will normally be ready to collect in around 5 working days.

The following is recommended

What: Ferrous fumarate or ferrous sulphate are equally suitable. Your GP can decide which one to prescribe. Sytron (liquid iron) is suitable if you can't swallow tablets.

Dose: Take ONE tablet daily (or Sytron 10ml daily)

When: In the morning

How: It is best to take iron on an empty stomach with water or fresh orange juice. Tea or coffee are best avoided for 2 hours.

Duration: For the rest of your pregnancy and for 3 months after birth.

More information is available in the **Preventing Low Iron Levels and Iron Deficiency Anaemia in Pregnancy** leaflet from the Badger App Library.

Yours sincerely,

Midwife/Doctor

Cc: Patient's GP

Dear Doctor, Please see above and prescribe iron as suggested

The prevention and management of iron deficiency anaemia during pregnancy and the puerperium
V0.8