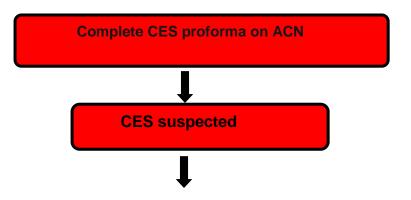
## Suspected Cauda Equina Syndrome. MSK Physiotherapy pathway

Low back or buttock pain with any of the following symptoms:

- Saddle anaesthesia/paraesthesia (May be unilateral or bilateral)
- · Loss of sensation of bladder/ bowel filling
- Lack of awareness or loss of desire to void bladder/bowel
- Difficulty with micturition (Poor stream/having to strain/hesitancy)
- Urinary retention
- Bladder/Anorectal incontinence
- Sexual Dysfunction

## Also consider

- Bilateral or progression from unilateral to bilateral lower limb radicular pain
- Bilateral or progression from unilateral to bilateral sensory/motor deficit in lower limbs



Contact on-call Orthopaedic doctor via local hospital switchboard to discuss case and request immediate Orthopaedic assessment / recommended referral route to Orthopaedics

\*IRH patients must be discussed with and assessed by Orthopaedic on call doctor at RAH\*

Write cover letter on ACN using CES canned text and print if possible for patient to take with them.

Patient sent immediately to A&E/TAU/SDUCC depending on site for Orthopaedic assessment.

\* IRH patients must travel to RAH\*

If urgent rather than emergency referral is advised, please arrange urgent referral to Orthopaedics via GP

| QEUH | 0141 201 1100 |
|------|---------------|
| GRI  | 0141 211 4000 |
| RAH  | 0141 314 7294 |