

NHSL Pre-Operative Assessment Clinic Guidelines on Allergies



TARGET AUDIENCE	Nurses in the Pre-assessment Clinic NHS Lanarkshire
PATIENT GROUP	All Patients requiring surgery in NHSL

Clinical Guidelines Summary

- This is intended for the use of the Pre-assessment Clinic Nursing staff to guide the process of recording allergies for upcoming surgical interventions. It highlights those allergies that require the clinical note review by an Anaesthetic Consultant prior to the patient proceeding to surgery.

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Allergy	Action Required
Anaesthetic agents – including muscle relaxants, Local Anaesthetic, anaesthetic gas or Opiate Allergies or Adverse Reactions	<ul style="list-style-type: none"> Document on appropriate sections of Pre-Admission Assessment Care Pathway/Elsie. Document on Trakcare/OPERA alert section. Forward notes for Consultant Anaesthetic Review. Including History of Malignant Hyperpyrexia, Suxamethonium Apnoea
Elastoplast/Micropore Tape	<ul style="list-style-type: none"> Document in appropriate sections of Pre-Admission Assessment Care Pathway/ Elsie.
Food Allergies/others: Bananas, Eggs, Fruit, Nuts, Pineapple, Shellfish etc	<ul style="list-style-type: none"> Document on appropriate sections of Pre-Admission Assessment Care Pathway. Cross reaction between banana/kiwi and Latex – ensure no history of latex/rubber reactions
Iodine Allergy Chlorhexidine Allergy	<ul style="list-style-type: none"> Document in appropriate sections of Pre-Admission Assessment Care Pathway/ Elsie. Document on Trakcare/OPERA alert section.
Latex Allergy Nickel Allergy Rubber Allergy Kiwi Allergy	<ul style="list-style-type: none"> Document on Trakcare/OPERA alert section. Document on appropriate sections of Pre-Admission Assessment Care Pathway/ Elsie

Lead Author	Dr C. Vass	Date approved	January 2025
Version	2	Review Date	January 2028

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Medication Allergies	<ul style="list-style-type: none"> Document in appropriate sections of Pre-Admission Assessment Care Pathway.
Multiple Allergies	<ul style="list-style-type: none"> Document on appropriate sections of Pre-Admission Assessment Care Pathway. Forward notes for Consultant Anaesthetic Review.

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Appendices

1. Governance information for Guidance document

Lead Author(s):	Dr Catherine Vass
Endorsing Body:	CGGEG
Version Number:	2
Approval date	January 2025
Review Date:	January 2028
Responsible Person (if different from lead author)	

CONSULTATION AND DISTRIBUTION RECORD	
Contributing Author / Authors	Dr Catherine Vass
Consultation Process / Stakeholders:	Pre-assessment nurses. Consultant anaesthetists at all 3 Lanarkshire sites have reviewed it.
Distribution	To all Nursing and Anaesthetic staff in the Pre-assessment Clinic

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CHANGE RECORD			
Date	Lead Author	Change	Version No.
~2015	Dr Catherine Vass	<i>This guideline was in use for over 10 years. There were many versions, however as the number is unknown the new document in the template format will be called version 2.</i>	1
2025	Dr Catherine Vass	<i>Guideline reviewed and put into the standard template.</i>	2
			3
			4
			5

2. You can include additional appendices with complimentary information that doesn't fit into the main text of your guideline, but is crucial and supports its understanding.

e.g. supporting documents for implementation of guideline, patient information, specific monitoring requirements for secondary and primary care clinicians, dosing regimen/considerations according to weight and/or creatinine clearance

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