

Asthma (Mild/Moderate)
Emergency Department – Observation Unit

Attach Patient Label Here	Date of Admission	
	ED Care Provider Name	
	Signature	

Observation Unit Criteria	Exclusion Criteria
<ul style="list-style-type: none"> Mild/Moderate exacerbation of Asthma Speaking in complete sentences Required investigations ordered Likely length of stay <12 hours 	<ul style="list-style-type: none"> NEWS2 > 4 PEFR < 50% of normal/expected Pregnant

Baseline Investigations
<ul style="list-style-type: none"> Bloods – FBC, U&Es, LFTs, CRP PEFR CXR requested & completed

Prescribing Guidance
<ul style="list-style-type: none"> Salbutamol 5mg Neb Ipratropium 500mcg Neb Prednisolone 40mg Oral <p><i>The above recommendations may not be appropriate for all patients and should be checked before prescribing.</i></p>

Observation Frequency including PEFR <i>Circle as indicated</i>			
30 Minutes	1 Hourly	2 Hourly	4 Hourly

Requires trolley? <i>Circle as indicated</i>	
Yes	No – suitable for chair

Additional Instructions

Observation Unit Discharge Criteria	Hospital Admission Criteria
<ul style="list-style-type: none"> • Symptoms improved • PEF > 75% of normal/expected 	<ul style="list-style-type: none"> • Ongoing symptoms • Alternate diagnosis requiring admission

Observation Unit Discharge Checklist		
Discharge Letter completed on TRAK		
Prednisolone 40mg OD prescribed for discharge		
Patient has supply of normal inhalers		
Patient information leaflet provided		
Discharged By	Name	Signature