Useful Contact Information continued

Cancer Support Scotland Tak Tent Provides counselling and complementary therapies free of charge.

Calman Cancer Support Centre 75 Shelley Road

Gartnavel Hospitals Campus

Glasgow G12 0ZE

2 0800 652 4531

2 0141 337 8199

Maggie's Centres Glasgow Support groups, activities, benefits advice.

Gartnavel Hospitals Campus 1053 Great Western Road

Glasgow G12 0YN **5** 0141 357 2269

Leukaemia CARE

☎ 0808 801 0444

24hrs a day

Lymphoma Association

2 0808 808 5555

Monday to Friday 9am - 5pm

Myeloma UK

☎ 0800 980 3332

Monday to Friday 9am - 5pm

CLL Support Association (CLLSA) Chronic Lymphocytic Leukaemia

2 0800 877 4396

An answer phone system operates. Calls are checked daily and answered as soon as possible.

Useful Contact Information continued

Macmillan Cancer Support Line Information about cancer, benefits advice, support or to talk to someone.

2 0808 808 00 00

Monday to Friday 9am - 8pm

Anthony Nolan Patient Services
Join the online transplant community
at:

anthonynolan.org/ transplantcommunity Find information at:

Anthonynolan.org/patientinfo

Need to talk? Contact:

Patient Services Team at Anthony Nolan

2 0303 303 0303

☑ patientinfo@anthonynolan.org

Leaflet written by: L Meehan Date Implemented: July 2018 Review Date: July 2022

BMT 203 036 02

Laura Meehan

Late Effects Clinical Nurse Specialist Queen Elizabeth University Hospital Office Block,Level 1,Zone 3 1345 Govan Road Glasgow G51 4TF

2 0141 451 6231

⊠ laura.meehan@ggc.scot.nhs.uk



Nurse Led Late-Effects Telephone Follow Up Clinic



Information for Patients

Why a Late-Effects follow up clinic?

We know that the treatment you received for cancer can sometimes cause problems. Through monitoring and screening we can reduce the number and severity of these.

Potential late effects following treatment for cancer include effects on:

- Fertility.
- Pituitary gland, thyroid and other endocrine disorders.
- Heart, lung and kidney complications.
- Psychological, social and quality of life issues.

What is a telephone-based follow up clinic?

Many patients no longer need to attend the Late Effects clinic in person. However, there are benefits in having their heath monitored. A telephone clinic will allow us to assess your general health, address any issues you may have and check your blood results without you having to visit the hospital. Usually, your appointment will be once per year.

What will happen when you telephone me?

A specialist nurse will discuss your general health with you and any problems you may be having. The consultation will be similar to the face-

to-face consultation that would take place at clinic.

You will be told the results of your blood tests and any action required will be fully discussed.

What if I forget to tell you something?

You can always contact us directly on phone numbers provided or via your GP.

What if I can't make my appointment time?

It is important to remember that the telephone appointment is just the same as a normal clinic appointment. You should be available at your appointment time. If not, then please contact the hospital on the number at the top of your letter and arrange a new appointment.

What if I miss an appointment?

Please contact the hospital and arrange another appointment.

What if my contact details are wrong?

Please contact the hospital with your correct details.

What happens if I no longer have a telephone?

Please write to the hospital at the address at the top of the letter. We will then make arrangements for you to be seen.

What happens after the telephone consultation?

If all is well, you will be sent a letter with the date and time of your next telephone consultation. The letter will also contain a list of blood tests required prior to your appointment.

You, your GP and your referring hospital (if applicable) will be sent a copy of your telephone consultation.

How do I get blood tests done?

You should have your blood tests taken approximately 2 weeks before your telephone appointment. You can have this carried out at your GP Surgery.

Useful Contact InformationMandy McKillop (BMT Secretary)

Nicolle Tait **5** 0141 451 6235

Office Block

Queen Elizabeth University Hospital 1345 Govan Road, Glasgow G51
☎ 0141 451 6233

Laura Meehan

Late Effects Clinical Nurse Specialist
☎ 0141 451 6231

Tuesday, Wednesday and Friday from 12-5pm

Macmillan Information & Support Centre

Beatson WoS Cancer Centre Monday to Friday 10am to 4pm

Macmillan Benefits Team Beatson WoS Cancer Centre Monday to Friday 9am to 5pm