

Milkshake Volume Tracker

| Resident | MUST score | IDDSI level for fluids | Volume to be achieved (mls) |
|----------|------------|------------------------|-----------------------------|
| | | | |

| |
|-----------------------------------|
| Key: |
| D - Diarrhoea |
| V - Vomiting |
| N - Nausea |
| O/D - Offered but declined |

| Monday | | Date: | |
|------------------|---------|--------------|----------|
| Time | Flavour | Volume taken | Initials |
| | | | |
| | | | |
| | | | |
| | | | |
| Total mls taken: | | | |
| Tuesday | | Date: | |
| Time | Flavour | Volume taken | Initials |
| | | | |
| | | | |
| | | | |
| | | | |
| Total mls taken: | | | |
| Wednesday | | Date: | |
| Time | Flavour | Volume taken | Initials |
| | | | |
| | | | |
| | | | |
| | | | |
| Total mls taken: | | | |
| Thursday | | Date: | |
| Time | Flavour | Volume taken | Initials |
| | | | |
| | | | |
| | | | |
| | | | |
| Total mls taken: | | | |
| Friday | | Date: | |
| Time | Flavour | Volume taken | Initials |
| | | | |
| | | | |
| | | | |
| | | | |
| Total mls taken: | | | |
| Saturday | | Date: | |
| Time | Flavour | Volume taken | Initials |
| | | | |
| | | | |
| | | | |
| | | | |
| Total mls taken: | | | |
| Sunday | | Date: | |
| Time | Flavour | Volume taken | Initials |
| | | | |
| | | | |
| | | | |
| | | | |
| Total mls taken: | | | |

Milkshake Volume Tracker Example

| Resident | MUST score | IDDSI level for fluids | Volume to be achieved (mls) |
|-------------|------------|------------------------|-----------------------------|
| Doris Jones | 3 | Level 0 | 200ml/ day |

| |
|-----------------------------------|
| Key: |
| D - Diarrhoea |
| V - Vomiting |
| N - Nausea |
| O/D - Offered but declined |

| | | | |
|-------------------------------|--------------------------------|---------------------|-----------------|
| Monday | Date: 17.06.2024 | | |
| Time | Flavour | Volume taken | Initials |
| 2.30pm | Fortified Chocolate Milkshake | 150ml | JB |
| 7.00pm | Chocolate Peanut Butter Shake | 50ml - O/D | JB |
| | | | |
| Total mls taken: 150ml | | | |
| Tuesday | Date: 18.06.2024 | | |
| Time | Flavour | Volume taken | Initials |
| 2.00pm | Fortified Strawberry Milkshake | 200ml | CM |
| | | | |
| | | | |
| Total mls taken: 200ml | | | |
| Wednesday | Date: 18.06.2024 | | |
| Time | Flavour | Volume taken | Initials |
| 2.00pm | Fortified Strawberry Milkshake | 200ml - O/D, N | NH |
| 7.00pm | Fortified Strawberry Milkshake | 100ml - O/D, N | NH |
| 9.00pm | Fortified Strawberry Milkshake | 100ml | DL |
| | | | |
| Total mls taken: 100ml | | | |
| Thursday | Date: 18.06.2024 | | |
| Time | Flavour | Volume taken | Initials |
| 2.30pm | Greek Cooler | 200ml (100ml taken) | JB |
| 6.30pm | Greek Cooler | 100ml | DL |
| | | | |
| Total mls taken: 200ml | | | |
| Friday | Date: 18.06.2024 | | |
| Time | Flavour | Volume taken | Initials |
| 2.30pm | Fortified Strawberry Milkshake | 100ml | CM |
| 7.00pm | Chocolate Peanut Butter Shake | 100ml | JB |
| | | | |
| Total mls taken: 200ml | | | |
| Saturday | Date: 18.06.2024 | | |
| Time | Flavour | Volume taken | Initials |
| 2.00pm | Mini Energy-Boosting Milkshake | 130ml | DL |
| | | | |
| | | | |
| Total mls taken: 130ml | | | |
| Sunday | Date: 18.06.2024 | | |
| Time | Flavour | Volume taken | Initials |
| 2.00pm | Coffee Shake | O/D - dislikes | JB |
| 2.05pm | Fortified Banana Milkshake | 200ml | JB |
| | | | |
| Total mls taken: 200ml | | | |